



DEERE RUN

Jr. Golf- Girls Golf #1

Ages 11-13

(max of 12 participants) \$260

A well-rounded program introducing the Jr. Golfer to the game of golf.

Program includes:

Posture to the ball, distance from ball, for all shots

Grip, proper functioning grip for the swing

Alignment, both body and clubface must match the target

Follow-through with balance

Golf Etiquette, will be practiced at each session

Golf Shots with all clubs, full-swing, pitching, chipping, putting

Daily games and competitions

Homework assignments

Thursdays (9:00-10:20am)

June-August—Full schedule attached

*Rain dates will be made up the following Saturday. Time, TBA.

We plan to provide a partnership with the athlete, along with the parent both in education and communication. We will be honest, respectful, offer our mentorship, and do everything we can to help build confidence in our students. The instructors will keep the communication between athlete and coach to the highest level of respect.

Program starts June 8th—Sign up today!

For more information or to register, contact Butch Haverland, PGA
Butchhaverland@gmail.com or (309) 721– 1281

Thursday, June 8th, 9-10:20am

Introductions & Handouts, Rules & Etiquette of program,
 Stretching & warm-up procedure
 Full swing: evaluations, posture, grip, alignment, and follow-through (PGAF)
 Competition games

Thursday, June 15th, 9-10:20am

Stretching & Warm-Up Procedure
 Putting drills: 9-hole course
 Pre-shot routines: development of
 Full Swing: PGAF/mid irons
 Rules & etiquette
 Competition game

Thursday, June 22nd, 9-10:20am

Stretching & warm-up procedure
 Putting drills: 9-hole course
 Full swing: PGAF/Short irons to woods
 Chipping: Chipping, 3-different clubs to 1 target
 Competition games

Thursday, June 29th, 9-10:20am

Stretching & warm-up procedure
 Putting drills: lag putts
 Full swing: PGAF/Hybrids and fairway woods
 Group discussions

Thursday, July 6th, 9-10:20am

Stretching & Warm-Up Procedure
 Putting drills: 9-hole putt course competition
 Driver Clubhead Speed readings
 Chipping & Pitching course: up & down competition
 Parent teacher conferences

Thursday, July 20th, 9-10:20am

Stretching & warm-up procedure
 Putting drills: Putt offs
 Full swing: PGAF
 Chipping & Pitching course: Buckets
 Competition games

Thursday, July 27th, 9-10:20am

Stretching & warm-up procedure
 Putting drills: line/pole drills, 5 feet
 Full swing: PGAF/video sessions
 Competition games

Thursday, August 3rd, 9-10:20am

Stretching & warm-up procedure
 Putting: lag putt teams
 Full swing: PGAF/video sessions
 1-Club team competition

Thursday, August 10th, 9-10:20am

Stretching & warm-up procedure
 Putting: circle make drill
 Full-swing: bag work, all clubs short to long, video sessions
 Competition games

Thursday, August 17th

Stretching & warm up procedure
 Putting drills: 9-hole putt course competition
 Driver Clubhead Speed readings
 Chipping & Pitching course: Buckets
 Competitions