



DEERE RUN

# Jr. Golf- Girls Golf #2

*Ages 14 & up*

*(max of 12 participants)    \$380*

A well-rounded program based on preparing for high school competition

**Program includes:**

**Posture** to the ball, distance from ball, for all shots

**Grip**, proper functioning grip for the swing

**Alignment**, both body and clubface must match the target

**Follow-through** with balance

**Golf Etiquette**, will be practiced at each session

**Performance** Evaluation & tracking

**Course Management** on holes

**Mental** training for match competitions

**College** Golf recruiting information

Thursdays (3-4:40pm)

June-August—Full schedule attached

Dates subject to change

We plan to provide a partnership with the athlete, along with the parent both in education and communication. We will be honest, respectful, offer our mentorship, and do everything we can to help build confidence in our students. The instructors will keep the communication between athlete and coach to the highest level of respect.

Program starts June 8th—Sign up today!  
For more information or to register, contact Butch Haverland, PGA  
Butchhaverland@gmail.com or (309) 721– 1281

**Thursday, June 8th, 3-4:40pm**

Introductions & Handouts, Rules & Etiquette of program,  
 Stretching & warm-up procedure  
 Full swing: evaluations, posture, grip, alignment, and follow-through (PGAF)  
 Competition games

**Thursday, June 15th, 3-4:40pm**

Stretching & Warm-Up Procedure  
 Putting drills: 9-hole course  
 Pre-shot routines: development of  
 Full Swing: PGAF/mid irons  
 Rules & etiquette  
 Competition game

**Thursday, June 22nd, 3-4:40pm**

Stretching & warm-up procedure  
 Putting drills: 9-hole course  
 Full swing: PGAF/Short irons to woods  
 Chipping: Chipping, 3-different clubs to 1 target  
 Competition games

**Thursday, June 29th, 3-4:40pm**

Stretching & warm-up procedure  
 Putting drills: lag putts  
 Full swing: PGAF/Hybrids and fairway woods  
 Group discussions

**Thursday, July 6th, 3-4:40pm**

Stretching & Warm-Up Procedure  
 Putting drills: 9-hole putt course competition  
 Driver Clubhead Speed readings  
 Chipping & Pitching course: up & down competition  
 Parent teacher conferences

**Thursday, July 20th, 3-4:40pm**

Stretching & warm-up procedure  
 Putting drills: Putt offs  
 Full swing: PGAF  
 Chipping & Pitching course: Buckets  
 Competition games

**Thursday, July 27th, 3-4:40pm**

Stretching & warm-up procedure  
 Putting drills: line/pole drills, 5 feet  
 Full swing: PGAF/video sessions  
 Competition games

**Thursday, August 3rd, 3-4:40pm**

Stretching & warm-up procedure  
 Putting: lag putt teams  
 Full swing: PGAF/video sessions  
 1-Club team competition

**Thursday, August 10th, 3-4:40pm**

Stretching & warm-up procedure  
 Putting: circle make drill  
 Full-swing: bag work, all clubs short to long, video sessions  
 Competition games

**Thursday, August 17th, 3-4:40pm**

Stretching & warm up procedure  
 Putting drills: 9-hole putt course competition  
 Driver Clubhead Speed readings  
 Chipping & Pitching course: Buckets  
 Competitions