

Jr. Golf/ Jr. Tour #2

Ages 11-13 (max of 12 participants)

<u>\$570</u>

An in-depth course geared to educate the Jr. Golfer and help them advance their abilities. This age is critical for higher advancement in and potential growth in the game of golf. Individual one-on-one instruction with organized & supervised practice sessions. Tour #2 is designed specifically for juniors seeking a structured golf training environment. The program is centered on developing the child in a tailored golf environment and will include a comprehensive coaching program. Not online in golf, but character development as well. We will do our best to put emphasis on enjoyment and continued interest towards golf along with becoming a positive young adult. *(Dates are subject to change)*

Program includes:	Performance Evaluation & Tracking
Individual lessons throughout program	Practice Notes & Plans
17 supervised practice sessions	Rules of golf training
Full Swing Assessment	Mental training for the course
Short Game Assessment	Course management
Putting Assessment	College Golf preparation & information

Tuesdays (9am-10:40am) & Fridays (4pm-5:40pm) June-August—Full schedule attached

We plan to provide a partnership with the athlete, along with the parent both in education and communication. We will be honest, respectful, offer our mentorship, and do everything we can to help build confidence in our students. The instructors will keep the communication between athlete and coach to the highest level of respect.

> Program starts June 6th—Sign up today! For more information or to register, contact Butch Haverland, PGA Butchhaverland@gmail.com or (309) 721–1281

Tuesday, June 6th, 9-10:40am	Friday, June 9th, 4-5:40pm	Tuesday, June 13th, 9-10:40am
Introductions & Handouts, Rules & Eti- quette of program, Goals written Stretching & warm-up procedure Full swing: evaluations, posture, grip, align- ment, and follow-through (PGAF) Driver Clubhead Speed readings, Golf club evaluation & recommendations to set	Stretching & Warm-Up Procedure Putting drills: line, circle, lag Full swing: PGAF, mid-irons video ses- sions Wedge: exact yardage practice Tournament Preparation (group)	Stretching & warm-up procedure Putting drills: line, circle make drill, putt- offs, and push-ups Full swing: PGAF/long irons, ball flights, right to left, left to right All Shots: side hill, uphill, downhill, out of divot, wind Short game: chipping, 3-different clubs to 1 target
Friday, June 16th, 4-5:40pm	Tuesday, June 20th, 9-10:40am	Friday, June 23rd, 4-5:40pm
Stretching & warm-up procedure Putting drills: lag putts Full swing: PGAF/Hybrids and fairway woods, Wedge: exact yardage practice (50- 100yds) Chipping & pitching course: up & down competition Group discussions: course & hole manage- ment	Stretching & Warm-Up Procedure Putting drills: putt-offs and push-ups Full-swing: driver, low, high, right to left, left to right Bunker: splash shots/ fairway shots 9/18 hole score evaluations: summer stats	Stretching & warm-up procedure Putting drills: circle make drill Full-swing: bag work, all clubs starting short to long All shots: side hill, uphill, downhill, out of divot, wind Wedge: exact yardage practice, flighting ball (10-100 yds)
Tuesday, June 27th, 9-10:40am	Friday, June 30th, 4-5:40pm	Friday, July 7th, 4-5:40pm
Stretching & warm-up procedure Putting drills: 18-hole putt course competi- tion Driver Clubhead Speed readings Chipping & Pitching course: up & down competition Parent teacher conferences	Stretching & Warm-Up Procedure Pre-shot routines: Update Putting drills: line, circle, lag Full swing: PGAF, mid irons video ses- sions Wedge: exact yardage practice (10-50 yds) Tournament Preparation (group)	Stretching & warm-up procedure Putting drills: line, circle make drill, putt- offs, and push-ups Full swing: PGAF/long irons, ball flights, right to left, left to right Short game: chipping, 3-different clubs to 1 target Bunker: towel drills
Tuesday, July 18th, 9-10:40am	Friday, July 21st, 4-5:40pm	Tuesday, July 25th, 9-10:40am
Stretching & warm up procedure Putting drills: lag putts Full swing: PGAF/Hybrids and fairway woods Wedge: exact yardage practice (50-100 yds) Chipping & Pitching course: Up & down competition Individual evaluations	Stretching & Warm-Up Procedure Putting: Make drill Full-swing: driver, low, high, right to left, left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations: Summer stats	Stretching & warm-up procedure Putting drills: line, circle tag Full swing: PGAF/mid irons video sessions All shots: side hill, uphill, downhill, out of divot, wind
Friday, July 28th, 4-5:40pm	Tuesday, August 1st, 9-10:40am	Friday, August 4th, 4-5:40pm
Stretching & warm up procedure	Stretching & Warm-Up Procedure	Ctuatebing 8 warms we are adding
Putting drills: line, circle make drills, putt- offs and push-ups Full swing: PGAF/long irons, ball flights, right to left, left to right Short game: chipping, 3-different clubs to 1 target Bunker: towel drills	Putting drills: lag putts, Full swing: PGAF/Hybrids and fairway woods, Wedge: exact yardage practice, Chipping & Pitching course: up & down competition High School Golf preparation discussion (group), College golf preparation (group)	Stretching & warm-up procedure Putting drills: make drill Full-swing: driver, low, high, right to left, left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations
Putting drills: line, circle make drills, putt- offs and push-ups Full swing: PGAF/long irons, ball flights, right to left, left to right Short game: chipping, 3-different clubs to 1 target	Putting drills: lag putts, Full swing: PGAF/Hybrids and fairway woods, Wedge: exact yardage practice, Chipping & Pitching course: up & down competition High School Golf preparation discussion	Putting drills: make drill Full-swing: driver, low, high, right to left, left to right Bunker: splash shots/fairway shots