

Jr. Golf/ Jr. Tour #3

High School Golfers (14 & up)(max of 8 participants)\$680

An in-depth course geared to educate the advanced high school golfer. Tour #3 is designed specifically for juniors seeking a structured golf training environment. The program is centered on developing the child in a tailored golf environment and will include a comprehensive coaching program. Not only in golf, but character development as well. We'll strive to put emphasis on enjoyment and continued interest towards golf along with becoming a positive young adult.

Program includes:	Performance Evaluation & Tracking
Individual lessons throughout program	Practice Notes & Plans
17 supervised practice sessions	Rules of golf training
Full Swing Assessment	Mental training for the course
Short Game Assessment	Course management
Putting Assessment	College Golf preparation & information

Wednesdays (4-6pm) & Saturdays (9-11am) June-August—Full schedule attached Dates are subject to change

We plan to provide a partnership with the athlete, along with the parent both in education and communication. We will be honest, respectful, offer our mentorship, and do everything we can to help build confidence in our students. The instructors will keep the communication between athlete and coach to the highest level of respect.

> Program starts June 7th—Sign up today! For more information or to register, contact Butch Haverland, PGA Butchhaverland@gmail.com or (309) 721–1281

Wednesday, June 7th, 4-6pm	Saturday, June 10th, 9-11am	Wednesday, June 14th, 4-6pm
Introductions & Handouts, Rules & Eti- quette of program, Goals written Stretching & warm-up procedure Full swing: evaluations, posture, grip, align- ment, and follow-through (PGAF) Driver Clubhead Speed readings, Golf club evaluation & recommendations to set	Stretching & Warm-Up Procedure Pre-shot routines: development of and written out Putting Drills: line, circle, tag Full Swing: PGAF, mid irons video ses- sions/ Wedge: exact yardage (10-50 yds) Tournament preparation (group)	Stretching & warm-up procedure Putting drills: line, circle make drill, spot putt-offs, and push-ups Full swing: PGAF/long irons, ball flights, right to left, left to right All Shots: side hill, uphill, downhill, out of divot, wind Short game: chipping, 3-different clubs to 1 target
Saturday, June 17th, 9-11am	Wednesday, June 21st, 4-6pm	Saturday, June 24th, 9-11am
Stretching & warm-up procedure Putting drills: lag putts Full swing: PGAF/Hybrids and fairway woods, Wedge: exact yardage practice (50- 100yds) Chipping & pitching course: up & down competition Group discussions: course & hole manage- ment	Stretching & Warm-Up Procedure Putting drills: putt-offs and push-ups Full-swing: driver, low, high, right to left, left to right Bunker: splash shots/ fairway shots 9/18 hole score evaluations: summer stats	Stretching & warm-up procedure Putting drills: circle make drill Full-swing: bag work, all clubs starting short to long All shots: side hill, uphill, downhill, out of divot, wind Wedge: exact yardage practice, flighting ball (10-100 yds)
Wednesday, June 28th, 4-6pm	Saturday, July 1st, 9-11am	Wednesday, July 5th, 4-6pm
Stretching & warm-up procedure Putting drills: 18-hole putt course competi- tion Driver Clubhead Speed readings Chipping & Pitching course: up & down competition Parent teacher conferences	Stretching & Warm-Up Procedure Pre-shot routines: Update Putting drills: line, circle, lag Full swing: PGAF, mid irons video ses- sions Wedge: exact yardage practice (10-50 yds) Tournament Preparation (group)	Stretching & warm-up procedure Putting drills: line, circle make drill, spot putt-offs, and push-ups Full swing: PGAF/long irons, ball flights, right to left, left to right Short game: chipping, 3-different clubs to 1 target Bunker: towel drills
Wednesday, July 19th, 4-6pm	Saturday, July 22nd, 9-11am	Wednesday, July 26th, 4-6pm
Stretching & warm up procedure Putting drills: lag putts	Stretching & Warm-Up Procedure Putting: Make drill	Stretching & warm-up procedure Putting drills: make drill Full-swing: driver, low, high, right to left,
Full swing: PGAF/Hybrids and fairway woods Wedge: exact yardage practice (50-100 yds) Chipping & Pitching course: Up & down competition Individual evaluations	Full-swing: driver, low, high, right to left, left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations: Summer stats	left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations: Summer stats
woods Wedge: exact yardage practice (50-100 yds) Chipping & Pitching course: Up & down competition	left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations: Summer	left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations: Summer
woods Wedge: exact yardage practice (50-100 yds) Chipping & Pitching course: Up & down competition Individual evaluations	left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations: Summer stats	left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations: Summer stats
woods Wedge: exact yardage practice (50-100 yds) Chipping & Pitching course: Up & down competition Individual evaluations Saturday, July 29th, 9-11am Stretching & warm up procedure Putting drills: line, circle make drills, putt- offs and push-ups Full swing: PGAF/long irons, ball flights, right to left, left to right Short game: chipping, 3-different clubs to 1 target	left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations: Summer stats Wednesday, August 2nd, 4-6pm Stretching & Warm-Up Procedure Putting drills: lag putts Full swing: PGAF/Hybrids and fairway woods, Wedge: exact yardage practice, Chipping & Pitching course: up & down competition High School Golf preparation discussion	left to right Bunker: splash shots/fairway shots 9/18 hole score evaluations: Summer stats Saturday, August 5th, 9-11am Stretching & warm-up procedure Putting drills: make drill Full-swing: driver, low, high, right to left, left to right Bunker: splash shots/fairway shots