

TPC Deere Run / High School Girls Golf



Wednesday's 3:00-5:00

High School Girls Golf: Class is limited to the first (10) registered

- Posture** to the ball, distance from ball, for all shots
- Grip**, proper functioning grip for the swing
- Alignment**, both body and clubface must match the target
- Follow-through** with balance
- Golf Etiquette**, will be practiced at each session
- Performance Evaluation & tracking**
- Course Management** on holes
- Mental** training for match competitions
- College Golf** recruiting information

Rain outs: Rain Dates will be made up.

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| June | 12 | Introductions & Handouts for Girls Golf, Rules & Etiquette of program
Stretching & warm-up procedure
Full-swing: evaluations, Posture, Grip, Alignment & Follow-through (PGAF)
Competition games | |
| June | 19 | Stretching & warm-up procedure
Putting drills: 9 hole course
Preshot Routines: development of
Full swing: PGAF / mid irons
Rules and etiquette
Competition games | <u>(TIME CHANGE 5:00-7:00)</u> |
| June | 26 | Stretching & warm-up procedure
Putting drills: 9 hole course
Full swing: PGAF / Short irons to Woods
Chipping: chipping, 3-different clubs to 1 target
Competition games | |
| July | 17 | Stretching & warm-up procedure
Putting drills: Lag putts
Full swing: PGAF / Hybrids and fairway woods
Group Discussions: | |
| July | 24 | Stretching & warm-up procedure
Putting: 9 hole putt course competition
Driver Clubhead Speed readings
Chipping & Pitching course: up & down competition
Parent Teacher conferences | <u>(TIME CHANGE 5:00-7:00)</u> |

July 31 Stretching & warm-up procedure
 Putting drills: Putt offs
 Full swing: PGAF /
 Chipping & Pitching course: Buckets
 Competition Games

Aug. 7 Stretching & warm-up procedure
 Putting drills: Line / pole drills / 5 feet
 Full swing: PGAF / video sessions
 Competitions games

Aug. 14 Stretching & warm-up procedure
 Review all fundamentals.
 TESTING

High School Girls Golf sessions will be based on preparing for high school / tournament competition. The girls will be expected to participate in local tournaments to acquire experience and feedback towards their games.

The instructors will keep the communication between athlete and coach to the highest level of respect. We plan to provide a partnership with the athlete, along with the parent both in education and communication. We'll be honest, respectful, offer our mentorship, and work hard to build confidence in our students.

Student's Name: _____

Parent: _____ Phone # _____

Email: _____

Please Remit Payment to hold spot:

**Butch Haverland, PGA
15 Hickory Hills
Geneseo, IL 61254**

Fee \$295.00 \$9.00 service fee with cc

Starts June 12th Class is limited to the first (10) registered

For more information or to register,

butchhaverland@gmail.com or (309) 721-1281 / Melinda (309) 714-3250