



LIGHT STARTS

FRESH FRUIT PLATE | 13

seasonal fruit, pecan banana bread

SMOKED SALMON | 18*

tomato, red onion, hard boiled egg,
caper, cream cheese, toasted bagel

HOLE - IN - ONE SANDWICH | 8

fried egg, american cheese,
english muffin
*choice: sausage patty, ham or
applewood smoked bacon*

HOMEMADE GRANOLA | 12

yogurt, banana, strawberry

MANGO PINEAPPLE SMOOTHIE | 8

coconut milk, yogurt
add: protein powder | 4

SIDES

PROTEIN | 8

smoked bacon, sausage patties, ham,
chicken & apple sausage

BAKERY | 7

english muffin, pecan-banana muffin,
bagel & cream cheese, blueberry muffin,
whole wheat, white, rye, sourdough

BREAKFAST POTATOES, GRITS or FRUIT | 6

GRIDDLE

MALTED WAFFLE | 13

berry compote, whipped cream

BUTTERMILK PANCAKES | 14

add: blueberry | pecan | chocolate chip | 3

FARM-FRESH EGGS

FULL BREAKFAST | 18*

two eggs any style, toast
*choice: smoked bacon, sausage patty, ham
choice: grits, breakfast potatoes, fruit*

SMOKED BRISKET HASH | 21*

two eggs, potato, onion, pepper,
mustard bbq, toast

HEALTHY START | 17

egg white, spinach, mushroom, asparagus,
goat cheese, avocado, roasted tomato salsa

BREAKFAST BURRITO | 20*

carne asada beef, egg, pepper jack,
pico de gallo, chimichurri

EGGS BENEDICT | 20*

*choice: smoked salmon or canadian bacon
english muffin, hollandaise*

BUILD YOUR OWN 3 EGG OMELET | 17

any 3 ingredients - additional items | +1
bacon | ham
cheddar | pepper jack | goat cheese
onion | mushroom | pepper | tomato |
spinach | jalapeno

*choice of toast
choice: grits, breakfast potatoes, fruit*

Above prices are subject to sales tax and voluntary service charge.

**Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.*